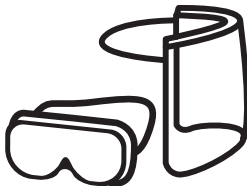


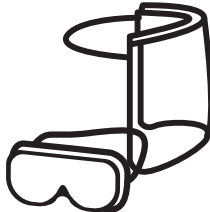
# Personal Protective Equipment

Personal Protective Equipment (PPE) should be worn to prevent the spread of disease-causing microorganisms. By protecting your skin and face (mouth, eyes and nose) with PPE you minimize your chance of getting these organisms into your body.

## Putting on Personal Protective Equipment

|                                                                                   |                                                                                   |                                                                                   |                                                                                    |                                                                                     |
|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| <b>1</b><br>Hand hygiene                                                          | <b>2</b><br>Gown                                                                  | <b>3</b><br>Mask                                                                  | <b>4</b><br>Eye protection                                                         | <b>5</b><br>Gloves                                                                  |
|  |  |  |  |  |

## Removing Personal Protective Equipment

|                                                                                    |                                                                                     |                                                                                     |                                                                                      |                                                                                       |                                                                                       |
|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| <b>1</b><br>Gloves                                                                 | <b>2</b><br>Gown                                                                    | <b>3</b><br>Hand hygiene                                                            | <b>4</b><br>Eye protection                                                           | <b>5</b><br>Mask                                                                      | <b>6</b><br>Hand hygiene                                                              |
|  |  |  |  |  |  |
| Remove using glove-to-glove/skin-to-skin method and discard                        | Peel off away from body and turn inside out, roll into ball and discard             | Use hand sanitizer or wash hands with soap and water                                | Hold eye protection at the sides, pull away from face and set aside or discard       | Hold mask by straps, remove from face and discard                                     | Use hand sanitizer or wash hands with soap and water                                  |

**PUBLIC HEALTH**

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